HELPFUL TIPS TO BOOST EMPLOYEE MORALE!

**ZEN ROOM**
Use an empty office space to offer tea, puzzles, and other materials to provide brain breaks.

**HIGH FIVE BOARD**
This is an opportunity for coworkers to encourage one another for their accomplishments.

**WELLNESS WALL**
People can share ideas about healthy food, exercise routines, self-care tips, and stress relief.

**COMMUNITY LIBRARY**
Provide a space for employees to add books and borrow them at their leisure.

**QUOTE OF THE WEEK**
Choose an inspirational quote each week to display in a common area in the office or on a digital platform such as email or the intranet.